

# CABINET:

## Pain Reliever & Fever Reducer



### Active Ingredients (in each tablet)

### Purpose

Ibuprofen 200 mg (NSAID)\*\* .....Pain reliever/fever reducer  
\*\*nonsteroidal anti-inflammatory drug

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### Uses

- temporarily relieves minor aches and pains due to:
- headache
- toothache
- backache
- menstrual cramps
- the common cold
- muscular aches
- minor pain of arthritis
- temporarily reduces fever

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### Warnings

**Allergy alert:** Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- facial swelling
- asthma (wheezing)
- shock
- skin reddening
- rash
- blisters.

If an allergic reaction occurs, stop use and seek medical help right away.

**Stomach bleeding warning:** This product contains a non steroidal anti-inflammatory drug (NSAID), which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or non prescription NSAIDs [aspirin, ibuprofen, naproxen, or others]
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Heart attack and stroke warning:** NSAIDs except aspirin increases the risk of heart attack, heart failure and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.

**Do not use**

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- right before or after heart surgery

**Ask a doctor before use if**

- the stomach bleeding warning applies to you
- you have problems or serious side effects from taking pain relievers or fever reducers
- you have stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease or asthma, or had a stroke
- you are taking a diuretic

**Ask a doctor or pharmacist before use if you are**

- under a doctor's care for any serious condition
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

**When using this product**

- take with food or milk if stomach upset occurs
- the risk of heart attack or stroke may increase if you use more than directed or for longer than directed

**Stop use and ask a doctor if**

- you experience any signs of stomach bleeding (feel faint, vomit blood, have bloody or black stools, have stomach pain that does not get better)
- you have symptoms of heart problems or stroke (chest pain, trouble breathing, weakness in one part or side of body, slurred speech, leg swelling)
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present in the painful area
- any new symptoms appear

**If pregnant or breast-feeding,** ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

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### Directions

- do not take more than directed**
- the smallest effective dose should be used**
- do not take longer than 10 days, unless directed by a doctor (see Warnings)
- adults and children 12 years and over: take 1 tablet every 4 to 6 hours while symptoms persist
- if pain or fever does not respond to 1 tablet, 2 tablets may be used
- do not exceed 6 tablets in 24 hours, unless directed by a doctor
- children under 12 years: ask a doctor

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### Other Information

- read all warnings and directions before use
- store between 20°-25°C (68°-77°F)
- avoid excessive heat above 40°C (104°F)

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### Inactive Ingredients

Colloidal silicon dioxide, croscarmellose sodium\*, iron oxide red, magnesium stearate\*, microcrystalline cellulose\*, polyethylen glycol, polyvinyl alcohol, povidone K-30\*, pregelatinized starch, sodium starch glycolate\*, stearic acid\*, talc, titanium dioxide

\*contains one or more of these ingredients

# CABINET:

## Pain Reliever & Fever Reducer



### Active Ingredients (in each tablet)

### Purpose

Acetaminophen 500 mg.....Pain reliever/fever reducer

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### Uses

- temporarily relieves minor aches and pains due to:
- the common cold • headache • backache • minor pain of arthritis • toothache • muscular aches • premenstrual and menstrual cramps • temporarily reduces fever

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### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take • more than 4,000 mg of acetaminophen in 24 hours • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include: • skin reddening • blisters • rash  
If a skin reaction occurs, stop use and seek medical help right away.

**Do not use** • with any other drug containing acetaminophen (prescription or non prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
• if you are allergic to acetaminophen or any of the inactive ingredients in this product

**Ask a doctor before use if you have liver disease**

**Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin**

**Stop use and ask a doctor if** • pain gets worse or lasts more than 10 days • fever gets worse or lasts more than 3 days • new symptoms occur • redness or swelling is present. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.  
**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)  
Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

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### Directions

- **do not take more than directed (see overdose warning)**
- adults & children 12 years & older: • take 2 tablets every 6 hours while symptoms last • do not take more than 6 tablets in 24 hours, unless directed by a doctor • do not use for more than 10 days unless directed by a doctor children under 12 years: ask a doctor

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### Other Information

- each tablet contains: magnesium 0.43 mg • store between 20-25°C (68-77°F)

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### Inactive Ingredients

Hypermellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinylpyrrolidone, pregelatinized starch, stearic acid, talc, titanium dioxide

# CABINET:

## Stomach Relief



### Active Ingredients (in each softgel)

### Purpose

Bismuth  
subsalicylate 262 mg.....and anti-diarrheal

Upset stomach reliever

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### Uses

relieves • travelers' diarrhea • diarrhea • upset stomach due to over indulgence in food and drink, including: • heartburn • indigestion • nausea • gas • belching • fullness

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### Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Contains salicylate.

**Do not take if you are** • allergic to salicylates (including aspirin) • taking other salicylate products

**Do not use if you have** • an ulcer • a bleeding problem • bloody or black stool

**Ask a doctor before use if you have** • fever • mucus in the stool

**Ask a doctor or pharmacist before use if you are taking any drug for** • anticoagulation (thinning the blood) • diabetes • gout • arthritis

**When using this product** a temporary, but harmless, darkening of the stool and/or tongue may occur

**Stop use and ask a doctor if** • symptoms get worse or last more than 2 days • ringing in the ears or loss of hearing occurs • diarrhea lasts more than 2 days

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

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### Directions

• swallow with water, do not chew • adults and children 12 years and over: • 2 softgels (1 dose) every 1/2 hour or 4 softgels (2 doses) every hour as needed for diarrhea • 2 softgels (1 dose) every 1/2 hours as needed for overindulgence (upset stomach, heartburn, indigestion, nausea) • do not exceed 8 doses (16 softgels) in 24 hours • use until diarrhea stops but not more than 2 days • children under 12 years: ask a doctor • drink plenty of clear fluids to help prevent dehydration caused by diarrhea

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### Other Information

• each softgel contains: Salicylate 99 mg • very low sodium • store between 15-30°C (59-86°F)

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### Inactive Ingredients

Aerosil, beeswax, FD&C Red No. 33, FD&C Yellow No. 6, gelatin, glycerin, light liquid paraffin, purified water, soya lecithin, sodium carboxy methyl cellulose, sorbitol solution, titanium dioxide

# CABINET:

## Allergy Relief



### Active Ingredients (in each tablet)

### Purpose

Diphenhydramine HCl 25 mg..... Antihistamine

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### Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: • runny nose • sneezing • itchy, watery eyes • itching of the nose or throat • temporarily relieves these symptoms due to the common cold: • runny nose • sneezing

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### Warnings

**Do not use** • to make a child sleepy • with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have** • a breathing problem such as emphysema or chronic bronchitis • glaucoma • trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are taking** sedatives or tranquilizers

**When using this product** • marked drowsiness may occur • avoid alcoholic drinks • alcohol, sedatives, and tranquilizers may increase drowsiness • be careful when driving a motor vehicle or operating machinery • excitability may occur, especially in children

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

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### Directions

- take every 4 to 6 hours • do not take more than 6 doses in 24 hours • adults & children 12 years & over; 1 to 2 tablets • children 6 to under 12 years; 1 tablet • children under 6 years; do not use this product in children under 6 years of age

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### Other Information

- each tablet contains:** calcium 24 mg • store between 15-30°C (59-86°F) • protect from moisture and light

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### Inactive Ingredients

Colloidal silicon dioxide, croscarmellose sodium, dicalcium phosphate, D&C Red No. 27 Aluminum lake, lecithin, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, talc, titanium dioxide

# CABINET:

## Daytime Severe Cold & Flu



### Active Ingredients (in each softgel)

### Purpose

Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan HBr 10 mg.....	Cough suppressant
Guaifenesin 200 mg.....	Expectorant
Phenylephrine HCl 5 mg.....	Nasal decongestant

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### Uses

temporarily relieves common cold/flu symptoms: • nasal congestion • sinus congestion & pressure • cough due to minor throat & bronchial irritation • minor aches & pains • headache • fever • sore throat • reduces swelling of nasal passages • temporarily restores freer breathing through the nose • promotes nasal and/or sinus drainage • helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passage ways of bother some mucus and make coughs more productive.

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### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take • more than 8 softgels in 24 hours, which is the maximum daily amount for this product • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include: • skin reddening • blisters • rash. If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use** • with any other drug containing acetaminophen (prescription or non prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
• if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have** • liver disease • heart disease • high blood pressure • thyroid disease • diabetes • trouble urinating due to enlarged prostate gland • cough that occurs with too much phlegm (mucus) • persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema

**Ask a doctor or pharmacist before use if you are** • taking the blood thinning drug warfarin.

**When using this product** • do not use more than directed

**Stop use and ask a doctor if** • you get nervous, dizzy or sleepless • pain, nasal congestion, or cough gets worse or lasts more than 7 days • fever gets worse or lasts more than 3 days • redness or swelling is present • new symptoms occur • cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children. Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

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### Directions

- take only as directed • do not exceed per 24 hours • adults & children 12 years & over: 2 softgels with water every 4 hours
- children 4 to under 12 years: ask a doctor • children under 4 years: do not use

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### Other Information

- store at room temperature

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### Inactive Ingredients

FD&C Yellow No. 6, gelatin, glycerin, polyethylene glycol, povidone, propylene glycol, purified water, sorbitol sorbitan solution, titanium dioxide

# CABINET:

## Nighttime Cold & Flu



### Active Ingredients (in each softgel)

### Purpose

Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan HBr 15 mg.....	Cough suppressant
Doxylamine Succinate 6.25 mg.....	Antihistamine

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### Uses

temporarily relieves common cold/flu symptoms: • cough due to minor throat and bronchial irritation • sore throat • headache • minor aches/pains • fever • runny nose and sneezing

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### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take: • more than 4 doses in 24 hours, which is the maximum daily amount for this product. • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product

**Sore throat warning:** If sore throat is severe, lasts for more than 2 days, or occurs with or is followed by fever, headache, rash, nausea, or vomiting, see a doctor promptly.

**Do not use** • with any other drug containing acetaminophen (prescription or non prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. • If you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. • to make a child sleep

**Ask a doctor before use if you have** • liver disease • glaucoma • cough that occurs with too much phlegm (mucus) • a breathing problem or chronic cough that lasts or as occurs with smoking, asthma, chronic bronchitis, or emphysema • trouble urinating due to enlarged prostate gland

**Ask a doctor or pharmacist before use if you are** • taking sedatives or tranquilizers • taking the blood-thinning drug warfarin

**When using this product** • do not use more than directed • excitability may occur especially in children • marked drowsiness may occur • avoid alcoholic drinks • be careful when driving a motor vehicle or operating machinery • alcohol, sedatives and tranquilizers may increase drowsiness

**Stop use and ask a doctor if** • pain or cough gets worse or lasts more than 7 days • fever gets worse or lasts more than 3 days • redness or swelling is present • new symptoms occur • cough comes back or occurs with rash, or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children. Overdose warning:** Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

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### Directions

• take only as directed – see **Overdose warning** • do not exceed 4 doses per 24 hours • adults & children 12 years of age & over: swallow 2 softgels with water every 6 hours • children 4 to under 12 years of age: ask a doctor • children under 4 years of age: do not use. **If taking Daytime and Nighttime products carefully read each label to ensure correct dosing**

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### Other Information

• store at room temperature 15°-30°C (59°-86°F) and avoid excessive heat • this product does not contain phenylpropanolamine

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### Inactive Ingredients

D&C Yellow No. 10, FD&C Blue No. 1, gelatin, glycerin, polyethylene glycol 400, povidone, propylene glycol, purified water, sorbitol sorbitan, titanium dioxide

# CABINET:

## Sleep Aid



### Active Ingredients (in each softgel)

### Purpose

Diphenhydramine HCl 25 mg.....nighttime sleep-aid

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### Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

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### Warnings

**Do not use** • for children under 12 years of age • with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have** • a breathing problem such as asthma, emphysema, or chronic bronchitis • glaucoma

- difficulty in urination due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are taking** sedatives, tranquilizers or any other sleep aid

**When using this product** • avoid alcoholic beverages

**Stop use and ask a doctor if** sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

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### Directions

- take only one dose per day (24 hours) adults & children 12 yrs & over; One dose = TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor
- children under 12 years; do not use

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### Other Information

- store at 20-25° C (68-77° F)
- avoid excessive heat above 40°C (104° F) and high humidity
- Protect from light

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### Inactive Ingredients

FD&C Blue No. 1, FD&C Red No. 40, gelatin, glycerin, polyethylene glycol 400, propylene glycol, purified water, sorbitol sorbitan, titanium dioxide

# CABINET:

## Sleep Aid



### Active Ingredients (in each softgel)

### Purpose

Melatonin 5 mg.....nighttime sleep-aid

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### Warnings

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reaction occurs. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature.

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### Directions

Adults take one (1) softgel daily at bedtime as Melatonin may produce drowsiness.

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### Other Ingredients

FD&C Blue No. 1, FD&C Red No. 40, gelatin, glycerin, polyethylene glycol 400, povidone, propylene glycol, purified water, sorbitol solution, titanium dioxide